



Office of the Principal
Scientific Adviser to
the Government of India



United Way Delhi
National Capital Region

**SVASTI¹ - A National Consultation on charting a road map for
mental health care in India.**

<p>09:00 AM to 10:00 AM</p>	<ul style="list-style-type: none"> • Welcome Address • Inaugural address • Keynote address by the Guest of Honour • Presidential Address • Vote of thanks 	<p>Inauguration</p>	<p>United Way Delhi</p> <p>Dr. Sapna Poti, Director Strategic Alliance, PSA</p> <p>Mr. Rajib Kumar Sen Senior Advisor (MSME/Health/WCD/Education), NITI Aayog</p> <p>Dr Pratima Murthy Director, NIMHANS & Senior Professor of Psychiatry</p> <p>Dr BS Shankaranarayana Rao Registrar, NIMHANS Prof and HOD of Neurophysiology, NIMHANS, Bengaluru</p>
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¹ Svasti – Sanskrit word for well-being, fortune, luck, success, prosperity.



10:00 AM to 11:30 AM	Session I	Understanding social and mental vulnerabilities among women, youth, elderly and children	<p>Moderator – Dr. Prabha S Chandra, Dean Beh Sciences, Controller of Examinations, Senior Prof of Psychiatry, NIMHANS</p> <p>Panelists for Session I</p> <ol style="list-style-type: none"> Dr Shekhar Seshadri Former Director & Dean (Behavioural Sciences), Senior Professor of Psychiatry, NIMHANS (Retd) Dr. Tasneem Raja, Head, Mental Health, Indira Foundation Dr Chetna Duggal, Associate Professor, TISS Dr. Radha Murthy; Chairperson, ARDSI
11:30 AM to 12:00 PM TEA BREAK			
12:00 PM to 01:30 PM	Session II	Deliberating on workplace mental health issues, especially among un-organized sector workers and possible mechanisms to support the vulnerable group.	<p>Moderator Dr. Pratima Murthy, Director & Senior Professor of Psychiatry, NIMHANS</p> <ol style="list-style-type: none"> Dr. Ashok Joint Director (Medical), Dept. of Factories, Boilers, Industrial Safety and Health, Govt. of Karnataka



			<p>2. Dr. Gautham Sukumar, Additional Professor, Department of Epidemiology, NIMHANS</p> <p>3. Arbind Singh, National Coordinator, NASVI</p> <p>4. Dr. Atreyi Ganguli National Professional Officer (Mental Health and Substance Abuse) at World Health Organization</p> <p>5. Dr. Rachna Parikh, Senior Program Officer, PATH</p>
01:30 PM to 02:15 PM	Lunch Break		
02:15 PM to 03:45 PM	Session III	How can policies and programmes create supportive mechanisms for seeking mental health care services?	<p>Moderator – Prof. Suresh B.M., Head of NIMHANS Digital Academy and Forensic Psychiatry (NIMHANS)</p> <p>1. Dr. Archana Singh, Policy Specialist, UN Women, G20 Secretariat, Ministry of Women & Child Development</p> <p>2. Mr. Anantha Agasthya (NIMHANS)</p> <p>3. Dr Anant Bhan; Mentor, Principal Investigator, Site-Principal Investigator, Project Lead, Sangath</p> <p>4. Dr. K.V. Kishore Kumar, Director, Banyan</p>



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			5. Dr. K Madan Gopal , Senior Consultant Health, NITI Aayog (PSA)
03:45 PM to 05:15 PM	Session IV	How to Improve technical and technological capabilities in delivering Mental Health Services?	<p>Moderator – Sachin Golwalkar, CEO, United Way Delhi</p> <ol style="list-style-type: none"> 1. Dr. Naveen Kumar, Prof of Psychiatry & Head, Community Psychiatry, NIMHANS 2. Prof. Srikanth TK; IIIT Bengaluru 3. Neetha Joy, Director –ACT for Health, ACT Capital Foundation for Social Impact 4. Dr. Sanjay Sood, Project Director, C-DAC 5. Dr. Ambarish Dharmadhikari, AVP, MPower - An Initiative Of Aditya Birla Education Trust.
05:15 PM onwards	Summarising the proceedings, way forward, closing remarks & high tea		